

Sandwell College Menu 4TH Floor

Monday

Our meat free day

Vegan and vegetarian options, non-meat day

Tuesday

Our curry day

Vegan, meat and veg options

Samosa naan breads

Wednesday

Our carvery day

2 meat choices

Fresh vegetable selections plus vegan/vegetarian options

Thursday

Our Italian day

Pasta options include meat

Also, vegan/vegetarian options garlic bread and side salads

Friday

Our fish day

Fish and chip of the week

Fish fillets plus vegan/ vegetarian options

Our salad bar served daily

panini selections, jacket potatoes/sweet potatoes with fillings

Huge pick and mix salad bar with meal deal offers advertised

Lots of healthy options plus free salad dressings

Soup of the day and sandwich selections

Additionally, served alongside our main menu

Chicken meat wraps

Burgers chicken beef

Chicken strips, hot wings

Pies and pasties,

Veggie options

Plus, daily offers

Sweet treats

Served from our cake bar

Muffins, doughnuts, whole cake slices

Vegan muffins / cookies

Brownies, flapjacks, Krispy bars, assorted cake slices,

Healthy bars snacks yoghurts and fruit

Plus, assorted crisps and vegetable crisps

Plus, a wide selection of drinks fruit juices teas and coffees

See our menu boards for meal deal offers and prices

4th Floor Breakfast Menu

Breakfast meal deal offers from £1.50

Porridge and cereals

Fresh fruit/ yoghurts/ cereal bars

Traditional breakfast items including

Bacon, sausages vegan sausages, eggs, beans, mushrooms, hash browns

Waffles with syrups

Danish pastries and hot savoury selection

Breakfast baps and torpedo rolls

Toast

Preserves

Fruit juices

Herbal and fruit teas

Various coffee and hot chocolate

See our menu boards for breakfast meal deal offers and prices

Please note no meat items are served on

Meat Free Monday

All menus subject to availability and may vary dependant on supplies

Central Saint Michaels

Café Lunch menu

Sandwiches wraps and rolls

Jacket potatoes with various fillings

Panini selection

Hot savoury slices

Vegan/ vegetarian options

Pizza

Salad boxes made to order

Sandwich meal deal offer

Burgers and chips coming soon!

Sweet treats

Served from our cake bar

Muffins, doughnuts, whole cake slices

Vegan muffins / cookies

Brownies, flapjacks, Krispy bars, assorted cake slices,

Healthy bars snacks yoghurts and fruit

Crisps are also available

See our menu boards for offers and prices

Central Saint Michaels

Café Breakfast menu

Bacon / sausage baps

Toast and preserves

Hash browns

Porridge

Fresh fruit

Waffles and syrups

Danish pastries

Yoghurts and granola pots

Breakfast meal deal see menu board

Savoury slices

Plus, a wide selection of drinks fruit juices teas and coffees

See our menu boards for offers and prices

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ALLERGY DISCLAIMER

Attention customers with food allergy's

Please be aware that our food may contain or
come into contact with common allergies

Such as

Dairy eggs wheat soya tree nuts peanuts fish
shellfish cereals containing gluten, sesame
sulphur celery mustard lupin milk

Please speak to a member of staff before
ordering

